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Of interest to editors and journalists covering: Entertainment and Music.

SINGING SISTERS FORM BAND AND RELEASE ALBUM

After Four Years in the Recording Studio, the Band "Self Animation" Releases its Debut CD.

RANDOLPH, NJ — March 2, 2010 — Following four years of composing music, writing lyrics and recording songs, **Self Animation** is pleased to announce the release of its self-titled debut album. For the two founding members of the band, Molly and Kara Delonas (who still attend high school), the album is an expression of the band's diverse musical interests and life experiences. Song reviewer C.W. Ross wrote "*the music is fresh*" with "*delicious vocal harmonies and a wide array of instrumentation.*"

The CD is available for purchase at **CDBaby** (www.cdbaby.com/cd/SelfAnimation). Listeners can also hear selected songs at online music sites and radio stations including Rock WZZO-FM 95.1 and SoundClick.com. With over 30 thousand plays, 9 songs climbed into the top 40 on the SoundClick charts in their genres. The song *Cinderella* made it all the way to #1 and *What is Love?* made it to #8 on the Alternative Cover Songs chart. *The Way* made it to #3 on the Nu Metal chart.

Self Animation is an Indie Alternative Rock band. Vocalists Molly and Kara Delonas play bass and keyboards. Joining them are Nick Delonas on guitar and Jim Rilko on drums. Guest musicians include NYC session bassist, Ricardo Rodriguez, Boston guitarist, Bobby Melpignano and flutist, Suzanne Delonas. The collaborative result is a varied collection of songs ranging from melodic acoustic ballads to electric hard rock. All fuse into an album that is both accessible and edgy.

The CD was produced by Nick Delonas and published by Cult V Productions. Founded in 1995, Cult V Productions is a small, independent record label. It has worked with several original acts including Vermont's **Myopic Dog** and New Jersey's **Ironia** and **One Bad Otter** among others.

For more information

Visit <http://www.selfanimation.com>. Press-quality photos are available there.

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